

# SAVE MONEY WITH CINCH!

## Starbucks Breakfast

(Mocha Grande, Blueberry Scone)

\$5.90



Calories 790  
Fat (grams) 37

## Big Mac Meal

(Big Mac, Medium Fries, Medium Diet Soda)

\$5.99



Calories 920  
Fat (grams) 48

## Cinch Shake

(Cinch Vanilla Shake, 8 oz. Nonfat Milk)

\$2.91\*



Calories 270  
Fat (grams) 3

\*Price includes one serving of Cinch Shake Mix and an 8 oz. glass of nonfat milk.

cinch<sup>®</sup>  
inch loss plan

For a much healthier, less expensive, and more complete meal, there is no better choice than Cinch! It is ultra-low glycemic (keeps your blood sugar and energy levels stable), gluten-free, provides 24 grams of protein, 6 grams of healthy fiber, and it tastes great too. Super convenient, it's ***"the best breakfast on the planet!"***

For more information, call (562) 498-6800